



California Men Enjoying Naturism

8424-A Santa Monica Blvd. #119, West Hollywood, CA 90069 www.CMEN.org

CMEN-LA & LANG 2020 Membership Renewal

From now through March 31, 2020 members of CMEN-LA or LANG can renew their membership in their current club and renew or join the other club on one form at a discounted price of \$12 per member.

I am currently or recently (within last 4 years) a member of: LANG ___ CMEN-LA ___

I wish to renew / join for 2020: Both Clubs (\$12) ___ LANG only (\$12) ___ CMEN only (\$7) ___

LEGAL NAME (first) _____ (mid) _____ (last) _____

Nick Name (if applicable) _____

PHONE (home) _____ PHONE (work/other) _____

ADDRESS _____ APT: _____

CITY _____ STATE _____ ZIP _____

EMAIL _____ BIRTH DATE ____/____/19____

I would be interested in hosting a CMEN or LANG event at my home in 2020: Yes ___ No ___.

I would like to help CMEN or LANG with: _____

Agreement:

- I am male and at least 21 years of age and am a current or recent member in good standing of either Los Angeles Nude Guys, Inc. (LANG) or California Men Enjoying Naturism - Los Angeles (CMEN-LA).
- I have read and agree with the purpose and guidelines of Los Angeles Nude Guys, Inc. (LANG) and the goals and guidelines of California Men Enjoying Naturism.
- I acknowledge that LANG and CMEN are both private membership groups. LANG and CMEN both retain the right to revoke membership at any time.
- I agree to honor the confidentiality of all membership rosters and other materials which I receive. These remain the property of LANG or CMEN and will be returned or destroyed upon termination of membership.
- I understand that LANG and CMEN are all-volunteer organizations, all members are expected to help with activities each year.
- I agree to abide by all leadership decisions, bylaws, policies and procedures.
- **Release of Liability and Assumption of Risk:** By submitting a membership renewal / application and attending LANG and CMEN events, I agree that I will be responsible for my own personal belongings, and that I release from any liability, the Organization, the officers and Steering Committee members of LANG and CMEN from any personal injury or property damage occurring while I am attending any LANG or CMEN event. I fully assume all of the risks of attending LANG and CMEN events and I am fully aware of the dangers inherent in participating in such events.

Date: ____/____/____ Legal Signature: _____

Pay once for both clubs. Renew online, at the next event you attend or by mail. Offer ends March 31, 2020. CMEN will forward your payment and information to LANG or vice versa. **Do not send cash.** Print and submit this form with renewal check attached to: **CMEN, PMB 119, 8424-A Santa Monica Blvd., West Hollywood, CA 90069.**



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Los Angeles Nude Guys, Inc. (LANG) was formed in 1987:

- To promote and encourage an active interest in social nudism in the Greater Los Angeles area;
- To provide social activities and events for bringing together gay and bisexual men who enjoy a healthy, nude lifestyle;
- To encourage gay nudist/naturist participation in the mainstream nudist movement;
- And to provide information about nudist/naturist experiences, places and activities.

California Men Enjoying Naturism (CMEN) was formed in 1995:

- To provide a safe, non-threatening environment where men can have fun naked.
- To sponsor activities that promote being naked.
- To promote male bonding and friendship.
- To work toward overcoming negative programming associated with being nudists.
- To seek to develop an improved self-image and acceptance of our bodies.
- To provide opportunities for naked men to freely express themselves in a supportive and non-judgmental setting.

Etiquette Guidelines for Naturists

A nude gathering is not an open invitation to have sex. Open sexual activity is inappropriate, and usually makes others feel uncomfortable. Hugs and friendly touching are OK; groping and erotic play are not. Spontaneous erections are generally considered natural and should not be a cause for concern or shame. Sex, if allowed at all, must be confined to designated areas and must be mutually agreed upon.

Always sit on a towel. Don't place your bare body in contact with furniture or upholstery, especially when you are a guest in someone's home. Sweat and body secretions, though a fact of life, can be unsanitary and unpleasant to others.

Body acceptance is what we're all about. Avoid staring at other bodies or making anyone feel conspicuous or uncomfortable. We wish to make each person feel welcome and accepted.

You are expected to be nude. Remove all your clothes unless the event is specifically designated as clothing optional. Shoes or sandals are usually worn when necessary, and some clothing may be appropriate in cool weather, but don't cover up when everyone else is nude. It will usually make you unwelcome in the group.

Use moderation when consuming alcohol. Overindulging often results in objectionable behavior and makes others uncomfortable.

Don't bring illegal drugs to any nude gatherings.

Check with your host for the photo policy. At some events all photography may be prohibited. Any photographs taken must be strictly for private viewing and cannot be published. Avoid taking photographs of others unless you have permission in advance.

Some parties may have other specific rules. Always be aware of and comply with any specific rules regarding such things as smoking, arrival time, parking, etc. These guidelines are especially important when the event is in a private home.

Thank the host. Naturist events are more fun when everyone helps with the responsibilities. If you decide to join LANG or CMEN, you may wish to host a party. Other members are expected to occasionally help a host at a party.

Etiquette Guidelines for Naturists adapted from Gay Naturists International. Los Angeles Nude Guys is incorporated as a Non-profit Mutual Benefit Corporation in the State of California. For more information visit www.clublang.org and www.cmen.org.